Studio name _____

Areola and scar camouflage consent and health form

This takes about five minutes. Your answers go to your studio, and your artist reads them before your appointment.

About you

Your name
First name

Last name

Date of birth (MM/DD/YYYY)

Mobile phone

Email

Home address
Street address

City, state, ZIP

Photo of your ID

Attach a copy of the photo ID to this form

Emergency contact

Your skin type

Your treatment

What would you like done?

☐ Areola on one side ☐ Areolas on both sides ☐ Scar camouflage ☐ Stretch mark camouflage

☐ Something else

Where on your body

Mark or describe the placement

Letter from your doctor (optional)

Attach a copy to this form

Health questions

These questions are the studio's own policy. They help your artist plan a safe appointment. They aren't medical advice: if you have a question about your health or your medicines, ask your doctor.

Are you pregnant or nursing?

☐ Yes ☐ No

Have you taken isotretinoin (Accutane or a similar acne medicine) in the last 12 months?

☐ Yes ☐ No

When did you stop?

Do you take blood thinners, or aspirin, ibuprofen or fish oil regularly?

☐ Yes ☐ No

Which ones?

Do you have a bleeding or clotting disorder?

☐ Yes ☐ No

Which one?

Do you have diabetes?

☐ Yes ☐ No

Do you have a condition or take a medicine that slows healing or affects your immune system?

☐ Yes ☐ No

Tell us a little more.

Do you scar easily or form raised scars (keloids)?

☐ Yes ☐ No

Do you have a skin condition on or near the area, such as eczema, psoriasis, rosacea or dermatitis?

☐ Yes ☐ No

Which one?

Are you allergic to numbing creams (such as lidocaine), latex, metals like nickel, pigments or hair dye?

☐ Yes ☐ No

Which ones, and what happened?

Have you used retinol, retinoids or exfoliating acids on the area in the last 2 weeks?

☐ Yes ☐ No

Have you had neuromodulator injections (like Botox) or fillers in or near the area in the last 4 weeks?

☐ Yes ☐ No

Is the area sunburned, or have you tanned it in the last 2 weeks?

☐ Yes ☐ No

Have you had alcohol in the last 24 hours?

☐ Yes ☐ No

Have you had permanent makeup or a tattoo on the area before?

☐ Yes ☐ No

When, and do you know the pigment or color used?

Have you had surgery in the area?

☐ Yes ☐ No

What surgery, and the date of the last one?

Have you had radiation treatment in the area?

☐ Yes ☐ No

When did it end?

Do you have breast implants, tissue expanders or a graft in the area?

☐ Yes ☐ No

Which, and when were they placed?

Is the scar more than 12 months old, and has it turned pale (no longer pink or red)?

☐ Yes ☐ No

Has your doctor or surgeon said the area is ready for tattooing?

☐ Yes ☐ No

Anything else your artist should know about your health?

What you agree to

Permanence

Areola and scar camouflage is a cosmetic tattoo. It fades over time but doesn't fully go away. Removing it takes several sessions and may leave a mark.

Initials

Healed results

Healed results vary from person to person. My skin type, oily skin, the sun, my skincare and how I follow the care steps change how the color heals and how long it lasts. Healed color is usually softer than on the first day.

Initials

Shape and color

I looked at the shape and color for the treated area and approved them before the artist started. Bodies aren't perfectly even, so small differences between sides are natural.

Initials

Perfecting session

Most clients need a perfecting session to finish the shape and color. The studio sets when it happens and its price.

Initials

Risks

Any tattoo carries some risk of infection, allergic reaction, swelling or bruising. Following the care steps lowers the risk. I'll contact the studio about anything unusual, and my doctor about a medical concern.

Initials

About the pigments

The FDA treats tattoo and permanent makeup pigments as cosmetics and hasn't approved any color additive for injection into the skin.

Initials

MRI scans

The FDA lists MRI complications among the possible risks of tattoos and permanent makeup. I'll tell the MRI staff about my permanent makeup before a scan.

Initials

My answers
I answered the health questions truthfully. I'll tell my artist before the appointment if anything changes.

Initials ☐

Alcohol and drugs
I'm not under the influence of alcohol or drugs.

Initials ☐

A cosmetic service
This is a cosmetic tattoo, not a medical treatment, and the artist isn't a doctor. It adds color and the look of shape. It doesn't change feeling or function.

Initials ☐

Scarred skin
Scarred skin and skin that had radiation take pigment unevenly, can heal differently and may need more sessions. Camouflage color can look different in sunlight or as the scar changes.

Initials ☐

My doctor
I'll share my doctor's clearance if the studio asks for it, and I'll follow my doctor's guidance over anything in this form.

Initials ☐

Photos of your results

Deposit policy
Your deposit holds your appointment and comes off your final price. Moving your appointment needs at least 48 hours' notice. A missed appointment without notice keeps the deposit.

Initials ☐

the studio uses your health answers only to do your appointment safely and to keep the records the law requires. They are never used for marketing or sold. They are stored encrypted, and every time someone at the studio opens them it is logged.

Your signature _____ **Date** _____

Printed name _____

For the artist (For the studio)

Procedure notes

Technique

☐ Areola with 3D shading ☐ Areola color, flat ☐ Scar camouflage (skin tone)

☐ Stretch mark camouflage ☐ Other

Size of the treated area

Needle or blade

Pigment colors and mix

Numbing product used

Pigments and needles used

Before and after photos

Attach a copy to this form